

# U.S. Army

## Clinical Psychology Residency Programs

### Army Clinical Psychology

There are three Army Clinical Psychology Residency Programs. All are accredited by the American Psychological Association\* and members of the Association of Psychology Postdoctoral and Internship Centers.

#### *Dwight D. Eisenhower Army Medical Center*

Eisenhower, located at Fort Gordon in Augusta, Georgia, is the primary Military Medical Center for the Department of Defense in the Southeast region of the United States. As the Southeast Regional Medical Command, we are five Army Community Hospitals, one Army Medical Center, and six Health Clinics. Clinical Psychology plays a major role throughout the Southeast Region.

Eisenhower is a 176-bed facility providing specialized care to more than one million beneficiaries in six

states and Puerto Rico with a full range of medical specialties ranging from primary care to open heart surgery. However, DDEAMC is much more.

#### *Tripler Army Medical Center*

Located eight miles from Waikiki, Tripler Army Medical Center is the largest military medical treatment facility in the Pacific.

Tripler is a 250-bed hospital and serves as the “premier health care system in the Pacific Basin.”

of landmass. More than 770,000 individuals are eligible for care at Tripler.

The medical treatment facility is a major teaching center that provides graduate training programs in medicine, psychology, general surgery, otolaryngology, orthopedic surgery, psychiatry, pediatrics, obstetrics and gynecology, radiology, pathology, urology, transitional year, oral surgery, hospital administration and anesthesiology nursing.



#### *Walter Reed Army Medical Center*

The world-renown medical center is located in Washington, D.C. with over fifty different specialty and subspecialty clinics, top-ranked academic professionals, cardio-vascular

care, neurosurgery, and organ transplantation capability.

Walter Reed offers the expertise and technical support to provide even the most complex diagnosis and treatment to beneficiaries.

Tripler’s service region includes Hawaii, Johnston Atoll, Guam, Eniwetok, Kwajalein, various Pacific Island governments and American Samoa. This area encompasses 3 million square miles of ocean and 700,000 square miles

\*For more information on APA accreditation, visit <http://www.apa.org/ed/intern.html> or call/write the Office of Program Consultation and Accreditation, American Psychological Association, 750 First Street, N.E., Washington, DC 20002-4242. (202) 336-5500.

### **Pay and Benefits**

- Approximately ~~\$42,100-~~ **\$48,000** annual pay
- Opportunities for continuing professional education (to include specialty fellowships)
- Thirty days annual paid leave and eligibility for travel on military aircraft
- Payment of travel expenses and shipping charges for families and personal goods when moving to the internship site and follow-on assignments
- Periodic length-of-service pay increases
- Medical and hospital benefits for yourself and family
- Post exchange (department store) and commissary (grocery store) privileges which provide significant savings
- Post facilities such as officers' clubs, sports facilities, child care and theaters which provide low-cost recreational opportunities
- Tax-free housing and subsistence (meal) allowances
- \$200,000 low-cost term life insurance
- Excellent survivors' benefits
- Deferment of Federal student loans during the initial duty tour
- Noncontributory retirement and disability retirement pay

The population served at all three sites is diverse and includes military personnel, spouses, children, retired military and their family members.

## **Upholding a Strong Tradition**

*"Clinical Psychology Internship Program"* or *CPIP* is used to describe the three Army internship programs in Clinical Psychology. In this medical center, our program is called a *"residency program"* and the students are called *"residents"* as opposed to "interns" because this clarifies their level of training.

The three US Army Clinical Psychology Residency Programs are each independently accredited by the American Psychological Association. These twelve month programs provide training in the basic professional skills of treatment, assessment, consultation, and supervision.

Each residency is based on a "general practitioner" model supplemented by training in specialty areas such as behavioral health, child psychology, and neuropsychology. The residency faculty recognizes that it is essential to begin at each resident's level of professional development and provide opportunities through which existing skills can be refined and new skills assimilated.

The range of skills expected of a clinical psychologist in the civilian community are the same ones used and valued in the military community. The goal of this residency is to train clinical psychologists who are capable of functioning with professional autonomy in a variety of applied settings in the Army.

## **Training Activities**

The residency has, as its primary mission, to train competent Army clinical psychologists and, as such, there are multiple training activities through out the year. Residents attend weekly seminars in psychotherapy, psychodiagnostics, and psychopharmacology. There are case conferences, journal clubs, and

special presentations by invited speakers. Attendance is encouraged at selected Grand Rounds provided through various graduate medical education programs.

National Consultants : A particular strength of the Army Clinical Psychology Residency Programs have been their ability to attract psychologists of national stature or who are active on APA committees to present workshops in their area of expertise. Examples include Dr. James Butcher and Dr. Roger Greene on the MMPI-II, Dr. Tony Sciara and Dr. Philip Erdberg on the

### **Workshops and Training Events**

Here are some of the exciting training events going on this year at each of our training sites:

**Eisenhower:** Rorschach Workshop--Dr. Tony Sciara, Ph.D.; Cognitive Behavior Therapy of Anxiety Disorders--Dr. Deborah Beidel; Ethics Workshop--Dr. Jeffrey Younggren; MMPI-2 Workshop--Dr. Roger Greene; Forensic Psychology--Dr. Leigh Hagan; and Psychopharmacology--Dr. Debra Dunivin.

**Tripler:** Behavioral Interventions with Children--Dr. Deborah Beidel; MMPI-2--Dr. Roger Greene; Rorschach Workshop--Dr. Phil Erdberg; Hypnosis--Dr. Tony Zeig; Ethics--Dr. Jeffrey Younggren; and Psychopharmacology--Dr. James Meredith

**Walter Reed:** Rorschach Workshop--Dr. Phil Erdberg; MMPI-2--Dr. Roger Green; Outpatient Treatment of Suicidality--Dr. David Jobes; MCMI-III--Dr. Ted Millon; Assessment and Treatment of Panic and Agoraphobia--Dr. Deborah Beidel; Outcome Research--Dr. Michael Lambert.

Rorschach, Dr.Charles Walker in Pediatric Psychology, Dr. Jeff Younggren on ethics, Dr. Jeff Barth in neuropsychology, and Dr Russ Newman on APA Practice Directorate issues. The workshops are generally for one or two days. In addition to those topics presented by our program, residents and faculty are invited to attend similar presentations by other the training programs in the local area. The topics vary somewhat from year to year subject to the availability of the presenters.

## Organization and Resources

Whether you complete your residency at Eisenhower, Tripler, or Walter Reed, you will be part of the health care team at a world-class teaching hospital. Each of the three Medical Centers offer opportunities to interact with the teaching staff, interns and residents involved in a variety of graduate medical education programs. In addition, you will discover a worldwide network of Army Psychologists.

You will find considerable technical resources to enhance your learning experience. For example, research assistance, Medline and PsychInfo support at each workstation, telemedicine innovations, LAN, E-mail and Internet access.

## Application Process



If you are interested in applying to the Psychology Residency Program, please contact your Army Health Care

Professional Recruiting office. For the name of your regional office call CPT Michael Elliot at (502) 626-0361 or

[michael.elliott@usarec.army.mil](mailto:michael.elliott@usarec.army.mil), or go to <http://www.goarmy.com/findrecr/index.htm>

Applicants must meet the qualifications for commissioning as active duty Army officers. It is preferable if they have their dissertations already completed or ready for submission prior to beginning training.

### Army Clinical Psychology Residency Program

#### Important Information

##### Eisenhower

Program Code # 2361

<http://www.ddeamc.amedd.army.mil/Clinical/MentalHealth/Psychology/PsyHome.htm> or contact Lt.

Col. John H. Trakowski, Jr.,Ph.D.. at 706-787-8134 or 3780 or

[john.trakowski@amedd.army.mil](mailto:john.trakowski@amedd.army.mil)

##### Tripler

Program Code # 2421

<http://www.tamc.amedd.army.mil/residency.htm> or contact Lt. Col.

Gary Southwell, Ph.D. at (808) 433-606 or

[gary.southwell@amedd.army.mil](mailto:gary.southwell@amedd.army.mil)

##### Walter Reed

Program Code # 1941

<http://www.wramc.amedd.army.mil/departments/psychology/trainingindex.htm> or contact Major

(Promotable) Debra Dunivin, Ph.D., ABPP at (202) 782-0066 or 65 or

[debra.dunivin@amedd.army.mil](mailto:debra.dunivin@amedd.army.mil)

## APPIC Match Program

We participate in the APPIC Match Program and our Program Code Numbers are listed below. You may

rank each of the three programs as you desire. However, we suggest that you do list all three Army programs and rank all three high on your list. If you have questions about the program or need assistance contacting a Recruiter, please contact one of the Army CPRP centers listed under "Important Information" to the left.

## Scholarships Available

The [Army Medical Service Corps](#) also offers an educational scholarship for graduate study in clinical psychology through the [Health Professions Scholarship Program](#). For more information contact Ms. Louise Taylor at (502) 626-0310 or [louise.taylor@usarec.army.mil](mailto:louise.taylor@usarec.army.mil) or go to <http://www.goarmy.com/job/amedd/mdseben.htm>

### The Fine Print

- **Tour Of Duty** : A 36-month service obligation is incurred after completion of the internship.
- **Eligibility**: An applicant must have completed all resident course work for the doctorate in clinical or counseling psychology and be a US citizen (or have a permanent immigrant visa) less than 43 years of age.
- **Military Rank**: Selected applicants will be appointed as Medical Service Corps officers. Officers participating in the internship program enter in the grade of Captain.
- **APPIC Policy**: This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant.

Residency Year 2002-2003

COMMANDER  
Eisenhower Army Medical Center  
ATTN: MCHF-MHD-CP  
Ft. Gordon, GA 30905-5650

ADDRESS CORRECTION REQUESTED



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